

K-12 LUNCH MENU – SEPTEMBER 2020 – REVISED 9/4/2020

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF PRODUCTS AND DELIVERIES

Gluten Free Option – Chef Salad w/Turkey or Ham and Shredded Cheese (NO croutons or breadstick) - Can also choose 2 vegetables & 1 Fruit

	SEPTEMBER 8	SEPTEMBER 9	SEPTEMBER 10	SEPTEMBER 11
	IW Cheeseburger Sliders <u>OR</u> Cheeseburger on Bun Prepared: Leftover: Healthy Day Meal with: - Yogurt - Marble Cheese Stick - Goldfish <u>OR</u> Cheez-Its <u>OR</u> Graham Crackers Carroteenies Prepared: Leftover:	Oven Fried Chicken Drumstick w/2 oz. Biscuit Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:	Cheese & Pepperoni Pizza (Wild Mike's or Nardone's) Prepared: Leftover: Healthy Day Meal with: - Yogurt - Marble Cheese Stick - Goldfish <u>OR</u> Cheez-Its <u>OR</u> Graham Crackers Carroteenies Prepared: Leftover:	Golden Crispy Chicken Filet on Bun Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:
	Fresh Carroteenies 100% Fruit Juice	Baked Beans Fresh or Canned Fruit	Fresh Carroteenies 100% Fruit Juice	Fresh Cucumber Slicecs Fresh or Canned Fruit
SEPTEMBER 14	SEPTEMBER 15	SEPTEMBER 16	SEPTEMBER 17	SEPTEMBER 18
Corn Dog Nuggets Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:	Chicken Nuggets <u>OR</u> Tenders w/Fresh Dinner Roll Prepared: Leftover: Healthy Day Meal with: - Yogurt - Marble Cheese Stick - Goldfish <u>OR</u> Cheez-Its <u>OR</u> Graham Crackers Carroteenies Prepared: Leftover:	Mac & Cheese Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:	Cheese & Pepperoni Pizza (Wild Mike's or Nardone's) Prepared: Leftover: Healthy Day Meal with: - Yogurt - Marble Cheese Stick - Goldfish <u>OR</u> Cheez-Its <u>OR</u> Graham Crackers Carroteenies Prepared: Leftover:	Golden Crispy Chicken Filet on Bun Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:
Fresh Broccoli Fresh or Canned Fruit	Fresh Carroteenies 100% Fruit Juice	Fresh Cucumber Slices Dried Craisins	Fresh Carroteenies 100% Fruit Juice	Fresh Carrot Coins & Celery Sticks Fresh or Canned Fruit

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SEPTEMBER 21	SEPTEMBER 22	SEPTEMBER 23	SEPTEMBER 24	SEPTEMBER 25
Chicken Nuggets <u>OR</u> Tenders w/Fresh Dinner Roll Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:	Two Chicken & Cheese Taquitos Prepared: Leftover: Healthy Day Meal with: - Yogurt - Marble Cheese Stick - Goldfish <u>OR</u> Cheez-Its <u>OR</u> Graham Crackers - Carroteenies Prepared: Leftover:	Pork BBQ on Bun Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:	Cheese & Pepperoni Pizza (Wild Mike's or Nardone's) Prepared: Leftover: Healthy Day Meal with: - Yogurt - Marble Cheese Stick - Goldfish <u>OR</u> Cheez-Its <u>OR</u> Graham Crackers - Carroteenies Prepared: Leftover:	Golden Crispy Chicken Filet on Bun Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:
Green Beans Fresh or Canned Fruit	Fresh Carroteenies 100% Fruit Juice	Baked Beans Fresh or Canned Fruit	Fresh Carroteenies 100% Fruit Juice	Green Peas Dried Craisins
SEPTEMBER 28	SEPTEMBER 29	SEPTEMBER 30		
NO SCHOOL	Corn Dog Nuggets Prepared: Leftover: Healthy Day Meal with: - Yogurt - Marble Cheese Stick - Goldfish <u>OR</u> Cheez-Its <u>OR</u> Graham Crackers - Carroteenies Prepared: Leftover:	Asian Chicken w/Rice Prepared: Leftover: Taco Salad (16 Tostitos chips) Prepared: Leftover:		
	Fresh Carroteenies 100% Fruit Juice	Fresh Broccoli Fresh or Canned Fruit		