

Order of Events:

Field Events: 1st: Boys Shot, Girls Disc,
Boys High Jump. Girls Long jump. Then
they switch!

Races: Girls Run first!

Home Meet: even lanes Away Meet odd lanes

1. One mile during field events

Approx. 4:45PM

2. 400 exhibition

3. 4 x 1 relay (400 relay) A & B Teams

4. 800 meter run

5. 100 meter dash

6. 400 meter run

7. 200 meter dash

8. 4 x 4 (1600 relay) A & B Teams

9. 4 x 2 (800 relay) A & B Teams